## **Stronghold Conduct Agreement**

## By registering your child(ren), as the parent/guardian, you agree to the following:

- 1. The participants will listen to and follow instructions from the coaches (Heralds).
- 2. Participants will refrain from cursing, using inappropriate speech, or using words which tear others down.
- 3. Participants will control their temper and practice self-control in word and action.
- 4. Participants will demonstrate good sportsmanship with the understanding that it is a privilege (not a right) to participate in Stronghold.
- 5. As the weather gets colder we will move indoors. If moving indoors is not an option staff have the right to cancel practice due to cold or inclement weather.
- 6. If a participant becomes sick during practice their parent/guardian will be contacted so that they can be taken home.
- 7. If a participant is sick, we ask that they do not attend the session. If you have a season pass and more than three practices are missed due to illness partial refunds will be offered.
- 8. Participants will need to bring their own personal water bottle/sports drink each session.
- 9. It is understood that if Push The Rock/Stronghold deems the class/location/circumstances are unsafe they have the right to cancel sessions/events/activities.

Date	 	
Minors Name		
Minors Signature		
Parent/Gguardian's Name		
Parent/Guardian's Signature		